



**DRINKING WHILE PREGNANT:
NOT WORTH THE RISK**

SUSPECT YOUR CHILD HAS FASD?

If you suspect your child has FASD, contact The Florida Center for assistance. Diagnosis is the first step to a better life.

The Florida Center has the only diagnostic Clinic in Florida, which evaluates individuals who were exposed to alcohol in the womb, then offers intervention services and support.

Our FASD evaluation experts include a neuropsychologist, an occupational therapist, a speech/language pathologist, a licensed mental health clinician, and a parent advocate.

Without a diagnosis, individuals with FASD can go their entire lives never understanding why they struggle. Problems associated with FASD can intensify in adolescence and, if not treated properly, can result in:

- Issues in school and/or school drop out
- Trouble with the law
- Mental health problems
- Inability to live independently

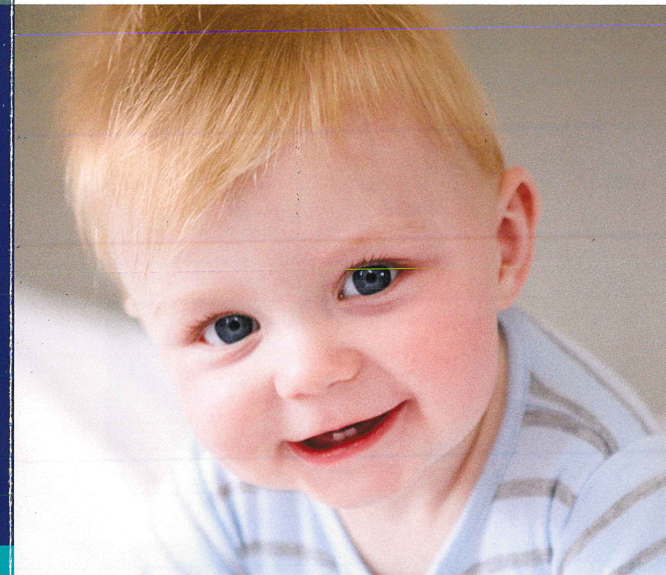
The Florida Center can connect you to resources that help.

THE TRUTH ABOUT ALCOHOL AND PREGNANCY

Drinking during pregnancy can cause **lifelong** challenges for your baby, potentially impacting the way the brain and body develop.

- Alcohol can cause more damage to babies than **ANY** other substance of abuse.
- There is **no known safe amount** of alcohol or safe time to drink during pregnancy.

To reduce the effects of in utero alcohol exposure, stop drinking if you are trying to conceive or once your pregnancy is confirmed. If you need help, contact the Substance Abuse and Mental Health Services Administration hotline at 1-800-662-HELP (4357).





WHAT IS FASD?

- Fetal Alcohol Spectrum Disorders (FASD) is an umbrella term describing a range of symptoms that can occur from in utero exposure to alcohol.
- Up to 1 in 20 children may have FASD, although many are never diagnosed.
- FASD can impact physical, mental and behavioral health and cause learning disabilities

TREATMENT AND SUPPORT

There is no cure for FASD, however interventions like occupational, speech/ language, and mental health therapies have been proven to help.

At The Florida Center, our staff is expertly trained in FASD symptoms and interventions. Our team can assess the best ways to help improve the long-term outcomes for those affected. The Florida Center offers specialized support to parents of children with an FASD diagnosis.



THE FLORIDA CENTER
FOR EARLY CHILDHOOD

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Serving clients across the State of Florida

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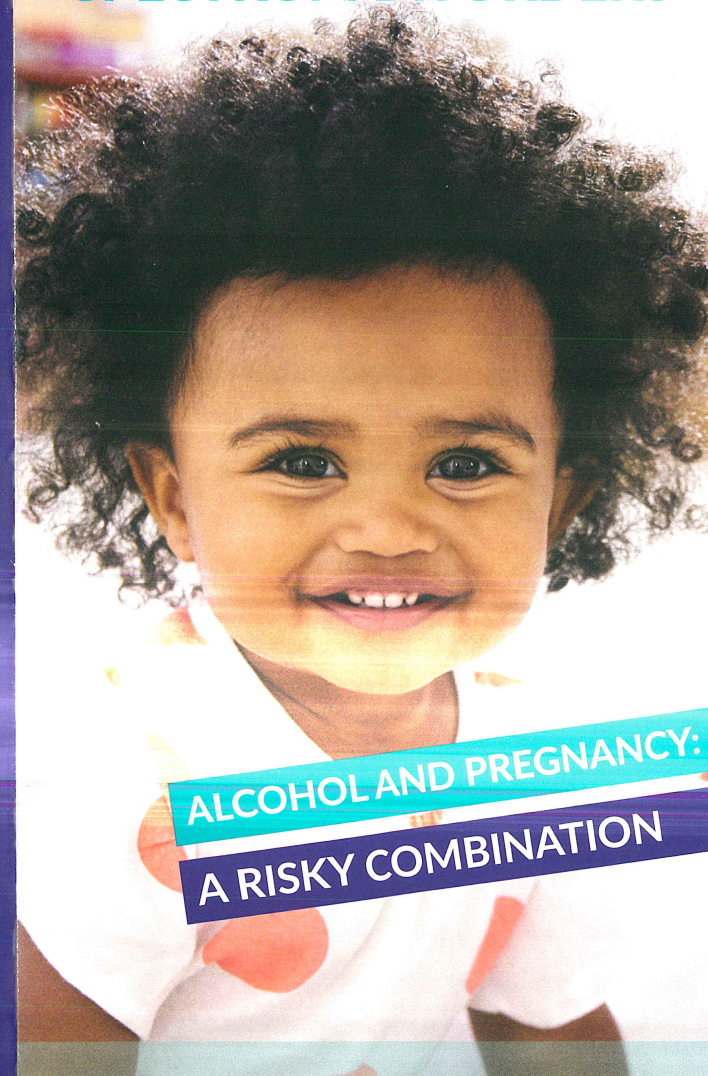
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For more information about FASD,
call 1-800-587-1385.



The Florida Center for Early Childhood Inc. is dedicated to equal opportunity of all consumers without regard to race, color, religion, gender, or on the basis of any other condition or characteristic protected by federal, state, or local law. We will comply to the fullest extent with the applicable regulations and provide reasonable accommodation to clients with impaired sensory, manual or speaking skills.

FETAL ALCOHOL SPECTRUM DISORDERS



ALCOHOL AND PREGNANCY:
A RISKY COMBINATION

FASD: The invisible disability
affecting 1 in 20 children



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