



Aging Impacts Us All

Whether you are facing a crisis with a parent or loved one or in need of assistance in navigating the aging experience, the Aging Network is here to help.

Learn about the services we offer older adults and their families in your community. An outgrowth of the Older Americans Act, the Area Agency on Aging of Palm Beach/Treasure Coast has been a trusted nonprofit since 1988.

We provide unbiased information, programs and services to seniors and disabled adults in Indian River, Okeechobee, Martin, Palm Beach and St. Lucie counties.

Call the Helpline for

- **MEDICAID Long Term Care**
- **Home Delivered Meals**
- **Avenues to Food and Nutrition**
- **Information and Assistance**
- **Respite for the Caregiver**
- **Adult Day Care**
- **Alzheimer's specific respite**
- **Personal Care/Homemaker**
- **Caregiver Stipend**
- **Electric Bill Assistance**
- **Medicare questions and claims**
- **Extra help with prescriptions**
- **Medicare Savings Program**

1-866-684-5885

**The HELPLINE is the GATEWAY
to SERVICES.**

Programs

educate, empower and enrich

Evidenced based workshops such as Tai Chi for Arthritis, Balance and Health and Diabetes Self-Management improve the wellbeing of seniors.

Caregiver support and counseling help ease the confusion and anxiety of caring for a loved one.

Elder Rights staff and volunteers educate and empower seniors and their loved ones to prevent, respond to and recover from crimes, abuse, neglect and exploitation.

Foster Grandparent volunteers enrich the lives of children with special needs.

SHINE counselors provide free, unbiased information to Medicare beneficiaries.

Our Veteran's Independence Program puts the veteran in charge of his or her care plan.

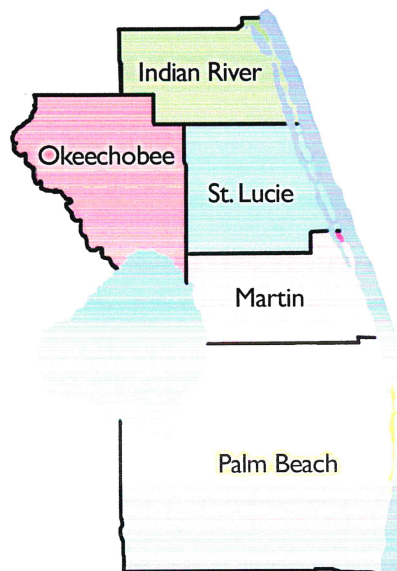
Call the HELPLINE to Connect to Community Resources

We provide programs and services that promote independence, dignity, health and wellbeing.

By administering and ensuring quality for programs supported by local, state and federal funding, along with the generosity of individuals and organizations, we work to improve the quality of life for those whose lives we touch.



The Aging Network serving Indian River, Martin, Okeechobee, Palm Beach and St. Lucie counties



Area Agency on Aging of Palm Beach/Treasure Coast

4400 N Congress Avenue
West Palm Beach FL 33407
www.aaapbtc.org

Elder  **Affairs**
FLORIDA



Connecting, Protecting and Serving Seniors